

Support and Advocacy

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Support and Advocacy

NKY Local Brain Injury Alliance

Brain Injury Alliance of Northern Kentucky	Nonprofit community outreach organization serving those affected by brain injury through	859-379-8230 Biank.org
	advocacy, education, prevention, service and support	Facebook and Twitter- @braininjurynky
		Instagram- Brain_injury_alliance_nky

Brain Injury Associations for OH and IN

Brain Injury Association of Ohio	Prevention, research, education and advocacy	614-481-7100 biaoh.org
Brain Injury Association of Indiana	Support groups, Resources, Research, Education and Training	317-329-2235 biaindiana.org

NKY Local Support Groups for Brain Injury

BRIDGES - Northern Ky (BRain Injury Demands Guidance, Education and Support)	Brain Injury survivor and Caregiver Support Group; meets on the third Thursday of each month (See website, facebook page or call for details)	859-667-2766 Bridges Support Group BIANK
Gateway Rehabilitation	Stroke and Brain Injury Support Group; Meets on the first Thursday of each month (See website or call for details)	859-426-2400 5940 Merchants St, Florence vrhgateway.com
Stroke Support Groups	Emotional support for patients and loved ones who have experienced a stroke (Meets monthly or as scheduled, call location for details)	Gateway Rehabilitation Hospital - 859-426-2400 Daniel Drake Center 513-418-2121 Online and Regional support groups- Strokekyin.org

Group		513-569-5346 tsbaconnex.org
	aneurysms	

Local NKY Assistance

Medicaid Services (NKY)

Medicaid Assistance Programs Medicaid covers an array of services and health care needs for those who qualify. Doctors, hospitals, nursing home, home health, prescriptions, services such as case management and direct care services with provider agencies (see Medicaid Waiver programs), food stamps, supplemental nutrition assistance program, child care assistance and insurance (KCHIP), Women, Infant and Children (WIC), Firststeps,other public assistance **To learn how to apply for Social Security (SSI or SSDI) see Social Security section under Federal/National Programs Medicaid covers an array of services and health care needs for those who qualify. Benefind.ky.gov Or call 855-306-8959 Department for Medicaid local offices; Boone county: 859-371-8832 Kenton and Campbell County: 601 Washington Ave #4, Newport 41071 859-292-6700 Frankfort: 275 E Main St, Frankfort 40601 502-564-4321 Pendleton county: Falmouth, Ky 855-306-8959
NKY Health Services Cabinet (CHFS)- Services: 8020 Veterans Memorial Drive, Florence 41042 859-371-0808 Chfs.ky.gov Behavioral Health, Developmental and Intellectual Disabilities: dbhdid.ky.gov

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Medicaid Waivers: Funding for Programs that provide services to people who would otherwise be in a nursing home, hospital, or institution, so they may receive long term care in the community instead. Cabinet for Family and Health Services (CFHS) Waiver funding coordinated by local branch: NKADD - 859-692-2480 (call for waiver application and process information)	Types of Medicaid waiver Programs: Home and Community Based Waiver (HCB); For elderly or adults, children with disabilities Michelle P Waiver (MP)- For adults, children with intellectual disabilities (non residential options) Supports for Community Living (SCL)- For adults, children with intellectual disabilities (residential options) Acquired Brain Injury (ABI) and Long Term Care (ABI-LTC)- For adults with brain injury; rehabilitation or LTC for maintenance services afterward.	Boone co- 859-371-8832 Campbell co-292-6700 Gallatin co- 567-7281 Grant co- 824-5202 Kenton co-292-6600 Pendleton co- 654-6123 CHFS.ky.gov **See also Medicaid Assistance Programs/How to apply for Medicaid
Providers:		
Active Day	Accepts HCB, MP waivers; Adult day programs and home care assistance	90 Alexandria Pike Suites 4-7, Fort Thomas, KY 41075 Phone: (859)442-7000 https://www.activeday.com/locations/states/ky/
BAWAC	Accepts MP waiver; Vocational training and placement, support services	7970 Kentucky Drive, Florence, KY 41042 Rick Pratt Email: rick.pratt@bawac.org Contact Number: 859-371-4410 Home - BAWAC Community Rehabilitation Center
Dungarvin	Accepts SCL and MP waiver; Residential options, Foster Care, Day Training services for those with all disabilities	7111 Dixie Hwy, Florence, KY 41042 Phone: (859) 525-4999 https://www.dungarvin.com/locations/kentucky/
New Perceptions	Accepts SCL and MP Waivers ; Day services, therapy, supported	1 Sperti Dr, Edgewood, KY 41017

	employment services for those with Intellectual and developmental disabilities	Phone: (859) 344-9322 https://www.newperceptions.org/
NeuroRestorative	Accepts ABI Recipients Serving people of all ages with brain, spinal cord, and medically complex injuries, illnesses and other challenges. Therapies, Adult Day training center, residential option	Union, Ky 800-743-6802 NeuroRestorative Rebuilding Lives After Brain Injury
Redwood	Accepts HCB, MP waivers; Wide variety of children's services, adult services, therapy options, assistive technology center. Care, education, transition, employment, summer, and intervention programs.	71 Orphanage Rd, Fort Mitchell, KY 41017 Phone: (859) 331-0880 https://www.redwoodnky.org
Scheben	Accepts HCB, MP, SCL waivers; Adult day care and respite for those with physical, social and/or cognitive disabilities. Transportation option.	31 Spiral Dr, Florence, KY 41042 www.csadultday.org Contact Person: Lisa West, Email: lwest@csadultday.org Contact Number: 859-525-1128
St Charles	Senior center, independent living cottages and apartments, rehabilitation services for seniors.	600 Farrell Dr, Covington, KY 41011 Phone: (859) 331-3224 https://stcharlescommunity.org/

NKY Aging Adults/Senior Resources

Area Agency on Aging and Independent living	Serving Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton counties; Administers federal, state and local aging programs/referrals for services, Home and Community Based waiver program.	22 Spiral Drive, Florence 859-692-2480 nkadd.org
Safe Aging Coalition of NKY	Health and Wellness among Aging and At-Risk Adults through implementation of Safety Education	2734 Chancellor Dr Ste 105, Crestview Hills, KY 41017 (859) 250-9134

	and Awareness Programs, Activities, and Demonstration.	safeagingnky.org
Senior Impact	Comprehensive information and resources for older adults including NKY and Cincinnati; Local guide, local news, handy forms, blog, community outreach and referrals, help for low income seniors, crisis and mental health resources	seniorimpact.net
State Health Insurance Program (SHIP)	Assistance for long term living; information, counseling to seniors and disabled about health insurance coverage and benefits.	NKY region- 866-516-3051 State Health Insurance Assistance Program - Cabinet for Health and Family Services (ky.gov)
Wesley Community Services	Meals on Wheels for seniors and pets, local events including senior picnics and Harvest Home Fair, volunteer opportunities, Ohio Independent living assistance, senior transportation	513-244-5485 wesleycs.org/meals-on-wheels

NKY Assistance Programs for Low Income/Disabled

Independence Alliance	Nonprofit serving those who have physical, sensory, cognitive, and/or psychological disabilities. Services include independent living skills training, peer support, advocacy and resources to find affordable housing, transportation, and personal care services, Supported employment transition services, summer program for youth, art program.	2368 Victory Parkway, Suite 501 Cincinnati, OH 45206 859-341-4346 Cilo provides services for people with permanent disabilities in Greater Cincinnati and Northern Kentucky. (independencealliance.org)
Disabilities Coalition of NKY	Advocacy, Independent living assistance, information and referrals, counseling, a support group for those with disabilities	1032 Madison Ave, Covington 859-431-7668 facebook.com/pages/disablities- coalition-of-northern-ky
Emergency Shelter of Northern Kentucky	Emergency shelter for homeless; Also Summer shower and laundry program	436 W 13 th St, Covington, KY 41011 859-291-4555 Home - Emergency Shelter of

		Northern Kentucky (emergencyshelternky.org)
Lifeline Assistance Program and Assurance Wireless	Phone access for low income households; Federal universal service fund. Landline and Cell phone options (Assurance Wireless) after certification.	888-321-5880 assurancewireless.com
Master Provisions	Local resources, Volunteer opportunities, Mobile Food Pantry, Mission Trips	masterprovisions.org
Ministry and Mission Assistance	Emergency daily living needs and related assistance for low income/disabled	United Ministries (Kenton and Boone)- 859-727-0300 Hope Ministries (Boone)- 859- 371-1887 St DePaul- 859-341-3219 CARE mission- 859-635-4500 Salvation Army- 859-431-1063
NKY Safety Net Alliance	Emergency assistance: resource list by county; Rent, utilities, clothing, food, etc	nkysafetynet.org
Northern KY Community Action Commission (NKCAC)	Homelessness, housing, eviction prevention assistance, career readiness and employment programs, Youthbuild education, child care and services, scholarships, financial assistance, health care, other resources.	717 Madison Ave. Covington 859-581-6607 Boone County: 859-586-9250 Campbell County: 859-581-6607 Grant County: 859-824-4768 Kenton County: 859-291-8607 Pendleton County: 859-654-4045 Northern Kentucky Community Action Commission (nkcac.org) Housing and Weatherization Northern Kentucky Community Action Commission (nkcac.org)
Northern Ky Area Development District (NKADD) and NKY Aging and Disability Resource Center (ADRC)	Information, programs, referrals and services for aging or disabled; Medicaid Waiver Adult day centers/Alheirmer's respite, case management/ consumer directed options, elder abuse, Ky family caregiver	22 Spiral Drive, Florence 859-692-2480 Ombudsman Program 859-283- 1885 NKADD – NKADD

program, long term care ombudsman, national family caregiver support, personal care attendant program, senior centers, state health insurance program, housing and food assistance, job seeker and youth opportunities (Also Services for Businesses/employers and local government)
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NKY Housing Assistance

County Assisted Housing Department	Local section 8 rental assistance program	859-334-2105 (Boone) Assisted Housing (boonecountyky.org) 859-261-5200 (Campbell)
Community Housing Resource Group	Housing authority of Covington and Voucher Program	hacov.org
Welcome House NKY	Homelessness; housing assistance, income and benefits, service coord offered	205 Pike Street, Covington 41011 859-431-5717 Emergency Shelter- Covington 859-291-4555 Welcomehouseky.org

NKY Specialized Transportation and Driving Resources

Transportation Providers; serving NKY	Provides specialized transportation services to those eligible; door to door assistance.	Comfort Keepers- 859-491-5777
	Medicaid, Medicare or private pay options	City Care pick up- 859-963-3519
		Federated of Bluegrass (FTSB) 888-848-0989
		LKLP Transportation Medicaid- 800-245-2826
		NKY Aging and Disability

		Resource 859-692-2480 Senior Services- NKY 859-292-7945 TANK specialized transport (RAMP and Daytripper)- 859-578-6949 Transit Authority of NKY- 859-331-8265
Bick's Driving School	Adult Remedial Driving Lessons	513-722-1119 bicksdrive.com
Carfit	Individualized adjustments to automobiles; Education and free events	car-fit.org
Drake Center	Driving simulator training program	151 W Galbraith rd, Cincinnati 45216 513-418-2798
Handicapped Parking	Tag for vehicle is available at County Clerk office, free of charge, must have disability form from physician	Boone- 859-334-2108 Campbell- 859-292-3850 Gallatin-859-567-5411 Grant- 859-824-3321 Kenton- 859-392-1600 Pendleton- 859-654-3380
Routine Ambulance Transport	Non emergency stretcher transportation to NKY and Cincinnati areas	859-392-2800

NKY Vocational Rehabilitation

Ky Career Center/Office of Vocational Rehabilitation (OVR)	Career training and job search/placement/training assistance for those who qualify for services	8020 Veterans Memorial Drive, Florence, KY 41042 859-372-8400
		Welcome - Kentucky Career
		Center
Northern Ky Community Action	Senior Employment Program;	859-581-6607
Commission	Assistance, education and	
	training; grants, scholarships,	Nkcac.org
	and Youthbuild employment	_
	services	

Northern Ky One Stop	Vocational training and career readiness	020 Veterans Memorial Drive, Florence 859-371-0808 nkyonestop.org
		320 Garrard St, Covington 859- 292-6666

Health

NKY Community Health Services

Cincinnati Eye Institute	Neuro-Ophthalmology serving NKY and Cincinnati areas	<u>cincinnatieye.com</u>
MidWest Eye Center	Neuro-Ophthalmology serving NKY and Cincinnati areas	Laser Eye Surgery in Cincinnati, Ohio About Midwest Eye Center
Health Department and Family Care	Public health care services; Health centers, inspections, individual health education and programs, health records, health alerts, school health, immunizations; free or sliding fee pay scale	8001 Veterans Memorial Dr, Florence; District center- 859- 341-4264 Boone co- 7505 Burlington Pike, Florence 859-363-2060 Campbell co- 1098 Monmouth st, Newport 859- 431-1704 Grant co- 234 Barnes Rd, Williamstown 859- 824-5074 Kenton co- 2002 Madison Ave, Covington 859-431-3345 Healthpoint Family Care Central intake 859-655-6100 nkyhealth.org
Home Health Care (Medical)	Home Health care and skilled services; usually physician referred and often covered by Insurance	Visiting Nurse Association- NKY 513-345-8000

Home health Agencies: Amedisys- 859-441-7999 CareTenders- 859-578-0022 CenterWell - 859-331-5800 CenterWell Home Health | Home Healthcare & Rehab Interim HealthCare- 859-578-9191 Interim HealthCare I First in Compassion. First in Home Care. (interim-health.com) Personal Touch- 859-441-0200 St Elizabeth Home Care- 859-283-1500 Offers skilled services: Assisting Hands HomeCare-859-444-5699 Assistinghands.com Interim Healthcare of Edgewood 859-578-9191 Interimhealthcare.com Maxim Healthcare 513-793-6444 maximhealthcare.com Right At Home 859-442-5111 rightathome.net Home Care (non-Medical) Home care and services that BrightStar Care 859-692-9500 may not include medical care: coordinated by individual and Comfort Keepers 859-491-5777 covered through Medicaid, Medicare or private pay sources. Connecting Hearts 859-441-7977 *Assistance can include bathing, dressing, mobility, First Light Home Care 859-905medication reminders, errands, 3430

homemaking, and general care

	needs. Average hourly private pay cost is \$17-\$25/hour	Heart To Heart Home Care 859-426-0001 Help at Home 859-282-6954 Helping Hands 859-334-0810 Home Helpers 859-801-1510 Home Instead Senior Care 859-282-8682 Just A Little Assistance 513-477-7079 Lifeline Home Health 859-746-1550 Madonna Manor 859-426-6400 St. Charles At Home 859-331-3224
		Visiting Angels 859-647-6770
Hospice and Palliative Care	End of Life care and support	Hospice of the Bluegrass NKY 7388 Turfway Rd, Suite 200 Florence 41042 859-441-6332 St. Elizabeth Healthcare - Location (stelizabeth.com) St Elizabeth Hospice- 483 S Loop, Edgewood 41017 859-301-4600 Hospice St. Elizabeth Healthcare (stelizabeth.com)

Prescription Medication Assistance	Medication discounts and assistance	Ky Prescription Assistance Program (KPAP) 800-633-8100 chfs.gov Needymeds.org St Vincent DePaul Community pharmacy 859-426-7837 Kentuckyrxcard.com Rx Assist- Patient Assistance Programs- Rxassist.org Safety net Alliance- nkysafetynet.org
Prescription Planners/Medication Assistance	Muti dose and Blister packs, 7+ day planner, organizer kits, medicine cards, home delivery	PCA pharmacy 866-579-3181 CVS pharmacy- 800-753-0596 Cvs.com Amazon- Pill pack bi fold Amazon.com Health Accessories (cold seal)- Health accessories.com
Sport-Related Concussion Program	Information on program, testing, therapy, clinics and resources	stelizabeth.com/medical- services/sports- medicine/concussions
VA Community Outpatient Clinic (see also Military and Veteran section)	Medical care for those who have been honorably discharged	7711 Ewing blvd, Florence 859- 282-4480

NKY Hospitals, Health Care, and Rehabilitation

Hospitals Health care Locations Rehabilitation Hospitals and Centers	Emergency Assistance, Health screening and monitoring, rehabilitation, home health care, physician referral and family and pastoral counseling.	Encompass Health Rehabilitation Hospital; Edgewood 859-341-2044 Encompasshealth.com Gateway Rehabilitation Hospital Florence 859-888-1432 Vibrahealthcare.com
		Genesis Healthcare; Bridge Point Care and Rehab Center

7300 Woodspoint Dr, Florence 859-371-5731

Genesishcc.com

Woodcrest Nursing &
Rehabilitation
3876 Turkeyfoot Road, Elsmere
859-342-8775
Skilled Nursing Facility,
Rehabilitation Center | Elsmere,

KY (woodcrestrehabilitation.com)

Carespring HealthCare of
Edgewood Ky

630 Viox Dr Erlanger 41018 carespring.com

Interim HealthCare of Edgewood 3005 Dixie Hwy, ste 130, Edgewood 859-578-9191

interimhealthcare.com

St Elizabeth Healthcare NORTH-

401 E 20th St., Covington KY 41014

859-292-4000

SOUTH-

1 Medical Village Dr., Edgewood KY 41017; 859-292-4444

EAST-

85 N. Grand Ave, Ft Thomas, Ky 41075; 859-572-3100

WEST-

7380 Turfway Rd, Florence Ky 41042; 859-212-5200 Union Diagnostic Center 10134 US 42, Union Ky 41091 859-301-7234

NKY Medical Equipment, Supplies, Home Modification

Medical Technology Systems

Medical alert support; automated medication dispensing and Go Safe/Home safe systems

Medical alert support; automated medical Monitoring Services: 800-259-1234

Guardian Medical Monitoring (24 hour monitoring) 888-249-2400

		Response LINK 513-515-8668
NKY Medical Supplies, Equipment	Medical Equipment and care supplies; Independent living home accessibility and ramps, Daily living assistance with bathing, safety and pain management. Mobility wheelchairs/scooters, devices, rentals, Home health products, and medical services.	Advanced Technologies, Inc 859-578-4822 CornerStone Medical Services 859-647-4276 Lincare- 859-525-0202 AmRamp systems (portable ramps for home) 513-708-3963
Home, Domestic, Personal Needs Modification Sources	Adapted clothing, products, mobility resources for disabled	Silverts.com (adapted clothing) Saebo.com (adapted kitchen aid and caregiver products) Pwchomerepairs.org (ramps, chair lifts, grab bars) NKY- 859- 331-1991
Prosthetics and Orthotics	Diagnostic Evaluations and fittings for limb prosthesis and orthotics; Licensed staff Amputee national support and advocacy	National Prosthetics and Orthotics; Cold Spring Ky 859-442-0400 https://www.nationalpo.com/ Hanger Prosthetics and Orthotics Hanger.com National Limb loss www.amputee-coalition.org Rocco Prosthetics roccoprosthetics.com

NKY Mental Health Services

Mental Health Association of NKY	Support Groups, Training programs for crisis, Mental health first aid, wellness checks, peer support programs, clinical trials, suicide prevention and counseling, recovery center, Be healthy programs	877-361-4518 Mhankyswoh.org
Counseling Wellness Group- Pastoral counselor; MA, LCPC for TBI	Counseling and wellness for TBI, PTSD among mental health and other specialities.	859-545-4391 Book online: visibook.com/counselingwellness
Catholic Charities Diocese of Covington	Mental health counseling including Trauma based counseling.	859-581-8974 covingtoncharities.org

LifePoint Solutions	Behavioral Health Services; mental health services, recovery support services, psychiatric and	859-547-5750 gcbhs.com
	medical services, employment assistance, addition, child and family services	
St Elizabeth Behavioral Health Center	Psychologist focus on evaluation, prevention, diagnosis, and treatment of mental, emotional, and behavioral health issues.	859-301-5900 Stelizabeth.com wellness.com
Addiction Resources	Detox, alcohol and drug rehab centers in Ky	https://www.addictionresource.ne t/best-drug-rehab- centers/kentucky/
National Alliance on Mental Illness (NAMI)	Nky resources, services and support groups for Mental Illness and brain disorders.	859-392-1730 Naminky.org
	Services include Peer mentoring,	Support Groups:
	support groups, outreach and education classes	Tues/Thurs: 1002 Monmouth st, 41071
		Mon:
		2690 Dixie Hwy, 41017
		859-392-1730
Northkey	Crisis stabilization 24 hour	859-331-3292
	access line; designated safe location and homeless clinic,	NorthKey – 24/7 CRISIS Line: 859.331.3292
	counseled intake process for services	
Sun Behavioral Health	Psychiatric hospital, 24/7	820 Dolwick Dr
	assessment, mental health services	Erlanger Ky 41018 859-429-5188
		Home Corporate - SUN Behavioral Health
VA Mental Health Clinic (VAMC)	Outpatient Behavioral Healthcare Clinic for veterans with psychiatric disabilities; array of services	Florence 859-282-4480 Ft Thomas VAMC- 859-572-6202 Cincinnati VAMC - 513-475-6368

Statewide and National Assistance and Resources

Federal/National Programs, Associations, and Foundations

American Migraine Foundation	Help and Support; Information	856-423-0043 Migraine Resources & Support American Migraine Foundation
American Occupational Therapy Association, Inc	Rehabilitation and Disability Resources, fact sheets, tips	aota.org
American Speech-Language- Hearing Association	Augmentative and Alternative Communication services	asha.org
American Stroke Association	Help and Support; Information	800-242-8721 American Stroke Association
Assistive Technology Industry Association	Products, Equipment and Systems for persons with disabilities	<u>Atia.org</u>
Benefits Check Up- National Council on Aging	Benefit programs available in your area	Benefitscheckup.org National Council on Aging: ncoa.org
Brain Injury Association of America	Advance awareness, Research, Treatment, and Education	800-444-6443 <u>Biausa.org</u>
Brain Trauma Foundation	Coma and Concussion News, Research, and guidelines	Brain Trauma Foundation
Brain Tumor Society, Network, Association, Support Service	Support, Resources	National Brain Tumor Society- National Brain Tumor Society Community here. Breakthroughs ahead. Brain Tumor network- braintumornetwork.org American Brain Tumor Association- abta.org Support Services; Johns Hopkins Hopkinsmedicine.org

Centers for Disease Control and Prevention	Data, Statistics, Healthy living information	Centers for Disease Control and Prevention CDC
Consortium for Constituents with Disabilities	Coalition of national organizations for advocacy	CONSORTIUM FOR CONSTITUENTS WITH DISABILITIES (c-c-d.org)
Easterseals	Health and Wellness resources, advocacy, services for all disabled americans	easterseals.com
Eldercare Locator	Public service of the US Administration on Aging that connects older adults and their families to services in local areas.	800-677-1116 eldercare.acl.gov
Federal Healthcare Marketplace	Health insurance coverage offered by Federal government, cost based on income (Affordable Care Act, Obamacare)	800-318-02596 Healthcare.gov
Federal Information Center	General Federal Assistance	Federal Information 800-333-4636 SSDI and SSI benefits for people with disabilities USAGov
Medicare	Federal program that provides health coverage over 65, regardless of income. Benefits and coverage options for qualifying aging/disabled	800-medicare Welcome to Medicare Medicare
My Employment Options	Options including work from home jobs for those with disabilities; ticket to work assistance	Work from Home & Community Placements For Individuals on SSi and SSDI My Employment Options
National Aphasia Association	Support, Stories, News regarding impairment of language	Homepage - The National Aphasia Association
National Association of State Head Injury Administrators	Government partnership and updates, education, training, conferences	nashia.org

National Center on Caregiving	Family Caregiver Alliance/TBI	Traumatic Brain Injury - Family Caregiver Alliance
National Institute of Neurological Disorders and Stroke	Help and Support, Information	Home National Institute of Neurological Disorders and Stroke (nih.gov)
National Organization on Disability	Non-profit organization that promotes employment, leadership councils, inclusion, accessibility, and professional services	nod.org
National Stroke Association	Help and Support; Information	American Stroke Association
Social Security Administration	Social Security Benefits; Retirement, disability, Medicare, Survivors, SSI	To Apply for Social Security (SSI/SSDI): Social Security location for NKY: 7 Youell St, Florence Ky 41042 800-772-1213 The United States Social Security Administration SSA **Payee services: Available at Mental Health America Northern Kentucky & Southwest Ohio 859-431-1077 mhanky.org Regional Representative Payee Services- 513-737-2571
Stroke Support Network	American Heart and Stroke Association support group	Home (heart.org)
US Department of Health and Human Services	Programs and Services, prevention and wellness, providers and facilities	Department of Health & Human Services HHS.gov
US Department of Veterans Affairs **See also Military and Veteran Section	Medical/mental and prescription outpatient clinics, burial, and memorial benefits	800-697-6947; caregiver.va.gov Crisis line- 800-273-8255

Legal Resources and Assistance

Brain and Spinal Cord Children's Law Center, Inc	Legal help and resources for brain and spinal cord injury survivors; free advice and education on options Non profit legal service center	Brainandspinalcord.org Covington, ky Childrenslawky.org 859-431-3313
Dept of Public Advocacy	Representation for indigent persons	Frankfort, Ky <u>Department of Public Advocacy - Kentucky's Statewide Public Defender Agency</u> 502-564-8006
Legal Aid of the Bluegrass	Representation with issues like Medicaid, Medicare, SS, unemployment, public housing. Offers Limited Power of Attorney, and guardianship counseling, works with nursing homes and Ombudsman.	104 E 7th st, Covington 859-431-8200 Legal Aid of the Bluegrass (lablaw.org)
Legal Aid Network of Kentucky	Free legal resources for Ky, self help forms and directory of legal service programs	kyjustice.org
National Senior Citizens Law Center	Advocacy, litigation, education and counseling to protect the rights of low income older adults	nsclcarchives.org
The US Department of Justice; Americans with Disabilities Act	Information and Title 2,3 ADA regulations, public accommodations	The Americans with Disabilities Act ADA.gov

Military and Veteran Assistance

*Local Florence VA Center Clinic	Primary, routine medical, and specialty care	7310 Turfway Rd ste 510 Florence Ky 41041 859-282-4480 www.cincinnati.va.gov
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After Deployment	Links and wellness resources for return from deployment	afterdeployment.org
Air Force Aid Society Navy/Marine Corps Relief Society	Emergency Assistance, loans, Education Support, Community Programs and initiatives	877-272-7337 <u>Afas.org</u> and <u>Nmcrs.org</u>
American Red Cross Armed Forces Emergency Services	Hero Care Center; 24/7 assistance for all emergency needs	Redcross.org 800-435-7669
Army Wounded Warrior Program Wounded Warrior Project	Information and sign up for programs and services to help those wounded in need of assistance (financial, medical)	woundedwarriorproject.org
CAUSE (Comfort for America's Uniformed Services)	Military medical facilities, free programs such as massage and alternative modalities for relief. Programs, events, volunteer	Cause-usa.org
Coast Guard Mutual Assistance Marine for Life Network	Financial aid and assistance; housing, education programs, debt management programs and quick loans, medical and dental assistance, layette, auxiliary, child care and special needs	800-881-2462; <u>cgmahq.org</u> 866-645-8762; <u>usmc-mccs.org</u>
Kentucky Department of Veterans Affairs	Commonwealth VA benefits and services, community events, crisis line	800-572-6245; <u>Veterans.ky.gov</u> Crisis Line: 800-273-TALK (8255)
National Resource Directory	Wounded, III, Injured Compensation and benefits information and resources	800-342-9647 or 800-827-1000 nrd.gov
Operation First Response	Wounded Hero financial Assistance and programs for wounded or disabled; OFR backpack program and Final salute project	888-289-0280; operationfirstresponse.org

U.S. Department of Veterans Affairs	VA benefits and Health Care Information; crisis line information	844-698-2311; <u>Va.gov</u> National Center for PTSD: 800-273-8255; <u>ptsd.va.gov</u> Mental Health: <u>mentalhealth.va.gov</u> VA/DoD Management of Concussion- Mild TBI <u>healthquality.va.gov</u>
Veteran Jobs	Post Military Job Assistance	Military.com/veteran-jobs

State Assistance and Resources (KY)

Brain Injury Alliance of KY (BIAK)- Louisville	State Chapter: Serving those affected by brain injury through advocacy, education, prevention, outreach, service and support (Additional education and resources)	Biak.us 502-493-0609
HART Supported Living Program	Cabinet for Health and Family services; grant to enable independent living	Region 7- 502-229-5015 Hart-Supported Living Program - Cabinet for Health and Family Services (ky.gov)
Kentucky Food Stamps	Information on Food stamps, Meals on Wheels and Home care services for those who qualify	Supplemental Nutrition Assistance Program (SNAP) - Cabinet for Health and Family Services (ky.gov)
Kentucky Legislature and General Assembly	Legislators, committees, important laws, public services, Education and research	<u>lrc.ky.gov</u>
Kentucky Talking Book Library	Books on tape, books by mail and talking books. Digital talking books and players	800-372-2968 Talking Books - Kentucky Department for Libraries and Archives
Ky Acquired Brain Injury Branch	Waivers that provide Medicaid paid services to adults with ABI	Acquired Brain Injury Branch - Cabinet for Health and Family Services (ky.gov)

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Ky Cabinet for Health and Family Services	Family, individual, children public health services, Medicaid, Aging and Ind living	CHFS Home - Cabinet for Health and Family Services (ky.gov) 800-232-1160
Ky Concussions	Joint project with BIAK to provide information about concussions	CONCUSSION RECOVERY - Brain Injury Alliance of Kentucky (biak.us)
Kentuckiana Stroke Association	Kentucky and Indiana Stroke Association dedicated to the prevention of stroke through education and awareness; Newsletter, stories, Ky/In events.	strokekyin.org
Kentucky Department of Education	Including Special Education resources and Assistive technology	education.ky.gov
Kentucky Protection and Advocacy	Protect and promote the rights of Kentuckians through legally based individual and systemic advocacy and education.	<u>Kypa.net</u> 800-372-2988
Kentucky Disability Resource guide	Directory and database developed by the Human Development Institute at the University of Kentucky	KDR - Home (hdiuky.org)
Ky Dept of Vocational Rehabilitation	Assistance to achieve suitable employment and independence.	Vocational Rehabilitation - Kentucky Career Center
Ky-SPIN, Inc	Educational Advocacy and Parent Involvement Network (PTI)	800-525-7746 <u>Kyspin.com</u>
KY Voting	Register to Vote; voting locations, dates of elections and candidate information	elect.ky.gov
Robins Nest	Financial assistance for Cancer patients (NKY) diagnosed within past 6 months of application	www.robinsnestfund.org
TBI Trust Fund	Regulated funding for services related to acquired and traumatic brain injuries; can include funding for case management, community services, and/or psych, vocational, companion services and therapies. Up to	Chfs.ky.gov https://chfs.ky.gov/agencies/dail/ Pages/tbitrust.aspx 855-816-9577

\$15,000/yr	

Volunteer, Education, Leisure

NKY Volunteer, Education, and Leisure Opportunities

Adult Community Education and Learning Centers	Education opportunities per county	Boone co- 859-282-4629 Campbell co-859-292-3056 Kenton co- 859-344-8888
Baker Hunt Art and Cultural Center	Classes in drawing, ceramics, painting, ballroom dancing, photography and other. Registration and fee required.	620 Greenup st, Covington 41011 859-431-0020 bakerhunt.org
Boone County Arboretum	Classes and programs on horticulture. Free admission and parking.	9190 Camp Ernst Road, Union 41091 859-384-4999 Welcome to Boone County Arboretum (bcarboretum.org)
Cooperative Extension Service	Homemaker education and social activities	Boone co- 586-6101 Campbell co- 859-572-2600 Kenton co- 859-356-3155 Home Cooperative Extension Service (uky.edu)
Esperanza Latino Center of NKY	Translation-interpretation, Education, Advocacy, support in NKY	859-261-1498 859-803-5334 (after hours) Esperanza Latino Center (esperanzanky.org) 859-261-0862
Master Provisions	Volunteer opportunities, Mission Trips	masterprovisions.org
St Charles Care Center	Seminars on topics of interest, no charge	600 Farrell dr, Covington 41011 859-331-3224 Stcharlescommunity.org
St Elizabeth Healthcare	Variety of volunteer opportunities; lunch provided after 4+ hours	Covington- 859-301-2140 Ft. Thomas- 859-572-3166 Florence- 859-212-5375
Volunteer Match	Lists local volunteer opportunities by area and topic of interest	volunteermatch.org

Volunteer Resource Center, United Way	Volunteer matching with agencies	2400 Reading Rd, Cincinnati 45202 513-762-7250 Volunteer Opportunities United Way of Greater Cincinnati (uwgc.org)
United Way	Advocacy for Care Connection; news and events, see local partners and community involvement	Northern Ky - 859-525-6566 uwgc.org

Online Reading and Education:

Brain Injury Institute	Brain injury causes, types and treatments	braininjuryinstitute.org
Brain Injury Recovery Network	Advice and stories for survivors	tbirecovery.org
Brainline	Brain injury and PTSD information	Brainline.org
Centre for Neuro Skills	TBI resources	neuroskills.com
Different types of ABI	Information	<u>spinalcord.com</u>
Health Unlocked	Focus groups on Brain Injury	healthunlocked.com/headway
Lash and Associates Publishing/Training	TBI books and other resources	<u>Lapublishing.com</u>
North American Brain Injury Society	Resources, News, events	North American Brain Injury Society - International Brain Injury Association
Sharp Brains	Health and Wellness applications of Brain Science	<u>Sharpbrains.com</u>
The Dana Alliance for Brain	Information, publications, public	dana.org

Injury Initiatives	interest	
Traumatic Brain Injury Survival Guide	Downloadable book	<u>Tbiguide.com</u>
Working with ABI	Modules, training, and tools to working with people with acquired brain injury	abistafftraining.info

Additional	Resources:
Additional	itesources.

Name

	Cor	ntact

Personal Family and Caregiver Resources:

Name

Contact

Notes:

Blog - TBI Forums

Brain Injury Online Community - Hope After Head Injury